



SUMMER THERAPEUTIC PROGRAMS 2024 GUIDE

Therapeutic, supervised activities
for children and youth

Register now for our 2024 Summer Therapeutic Programs!

These programs are available for clients currently receiving services at ErinoakKids.

Since these are therapeutic programs, please ensure that your child meets all the criteria before registering.

Enrolment is limited!

For more info, visit our website at
www.erinoakkids.ca/summer



Helping Hands

Ages 5 - 10

Helping Hands is an intensive program is for children 5-10 years old with a diagnosis of hemiplegia. Clients participate in a variety of fun therapeutic activities that encourage the child to use their affected hand/arm only (Constraint Induced Movement Therapy - CIMT) to support functional outcomes.

Participant Criteria

- Is receiving centre-based Occupational Therapy services at ErinoakKids
- Attends this program on the recommendation of their Occupational Therapist
- Has hemiplegia affecting an arm and/or hand, with some use of the affected hand
- Has the ability to follow directions and participate in a group setting
- Is seizure free for at least six months
- Must attend pre-program assessment and participate in home programming activities

-  **ErinoakKids Brampton**
10145 McVean Drive, Brampton

 Jul 22 - Aug 2 (10 sessions, Mon - Fri)

 8:30 a.m. - 12:30 p.m.
-  **ErinoakKids Oakville**
2000 Glenorchy Road, Oakville

 Aug 12 - 23 (10 sessions, Mon - Fri)

 8:30 a.m. - 12:30 p.m.
-  Program Fee: Cost of splint for CIMT (if required)



[REGISTER HERE](#)



Riverwood Explorers

Ages 8 - 12

This program, in partnership with The Riverwood Conservancy, lets children enjoy outdoor activities at Riverwood, a 150-acre property with trails and wildlife and an indoor air conditioned facility. Participants will develop walking skills, endurance and cardiovascular fitness while engaging in walks and other fun and recreational activities.

Participant Criteria

- Is receiving centre-based physiotherapy service at ErinoakKids
- Is able to participate in a group setting, follow directions and attend to a task
- Enjoys spending time outdoors, enjoy nature and be willing to try new activities
- Is able to walk for at least five minutes with or without the use of crutches/canes/walker
- Is able to climb up and down four steps with a handrail with or without assistance
- Is seizure free for at least six months
- Is medically stable

 **Riverwood Conservancy**
4190 Riverwood Park Lane,
Mississauga

 Jul 8 - 19 (10 sessions, Mon - Fri)
 9 a.m. - 3 p.m.



[REGISTER HERE](#)



iCan Bike

Ages 8 - 19



This program is offered in partnership with the Town of Milton. The goal of iCan Bike is to teach children with disabilities to ride a conventional two-wheeled bicycle and become lifelong independent riders. Children will use adapted bicycles and receive 75 minutes of specialized instruction from trained volunteers each day.

Participant Criteria

- Can walk independently without assistive devices
- Can side step to both sides
- Can pedal a bike with training wheels independently
- Can keep feet on pedals without straps and put foot back on pedal independently if it falls off
- Can follow basic instructions in a group setting
- Consistently responds to the word "stop"
- Is motivated to learn to ride a bike
- Has a properly fitted bike helmet
- Does not exceed the weight maximum of 220 lbs
- Has minimum inseam (inside leg length) of 20 inches
- Is able to attend all 5 days of the program

 **John Tonelli Sports Centre**
217 Laurier Ave, Milton

 Jul 22 - 26 (5 sessions, Mon - Fri)

 TBD - See note below

 Program Fee: \$150

Note: Caregiver/Parent must attend an orientation on July 21st from 4 - 5 p.m.

Upon acceptance to the program, clients will indicate their top three session preferences.



[REGISTER HERE](#)



S.K.I.L.L.S. - Supporting Kids in Leisure & Life Skills

Ages 13 - 15

This program will provide participants with the opportunity to develop and practice skills related to recreation, leisure and independence. They will work on-site and in the community on valuable life skills like transportation, planning outings, budgeting, money management, cooking and self-help skills.

Participant Criteria

- Is receiving centre-based occupational or physiotherapy service at ErinoakKids
- Is able to set goals and communicate needs effectively
- Is able to transfer independently or with one person assisting
- Is independent or require only minimal assistance with mobility and toileting
- Is medically stable and seizure free for at least six months

ErinoakKids Mississauga

1230 Central Parkway West,
Mississauga

 Aug 12 - 23 (10 sessions, Mon - Fri)

 9 a.m. - 4 p.m.

 Program Fee: \$150



[REGISTER HERE](#)



Contact Us



905-855-2690



www.erinoakkids.ca

Summer Program Registrar

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