



SUMMER THERAPEUTIC PROGRAMS 2025 GUIDE

Therapeutic, supervised activities
for children and youth

Register now for our 2025 Summer Therapeutic Programs!

These programs are available for clients currently receiving services at ErinoakKids.

As these are therapeutic programs, please review the participant criteria carefully and discuss programs of interest with your ErinoakKids clinician to ensure they align with your therapeutic goals.

Enrolment is limited!

For more info, visit our website at
www.erinoakkids.ca/summer



Helping Hands

Ages 5 - 10

Helping Hands is an intensive program is for children 5-10 years old with a diagnosis of hemiplegia. Clients participate in a variety of fun therapeutic activities that encourage functional use of their affected hand in everyday tasks through modified bimanual therapy and goal directed training.

Participant Criteria

- Is receiving centre-based Occupational Therapy services at ErinoakKids
- Attends this program on the recommendation of their Occupational Therapist
- Has hemiplegia affecting an arm and/or hand, with some use of the affected hand with a MACS Level 1-3
- Has the ability to follow directions and participate in a group setting
- Medically stable for at least six months
- Must attend pre-program assessment and participate in home programming activities


 **ErinoakKids Brampton**
10145 McVean Drive, Brampton

 Jul 21 - Aug 1 (10 sessions, Mon - Fri)

 8:30 a.m. - 12:30 p.m.

 **ErinoakKids Oakville**
2000 Glenorchy Road, Oakville

 Aug 11 - 22 (10 sessions, Mon - Fri)

 8:30 a.m. - 12:30 p.m.



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Riverwood Explorers

Ages 8 - 12

This program, in partnership with The Riverwood Conservancy, lets children enjoy outdoor activities at Riverwood, a 150-acre property with trails and wildlife and an indoor air conditioned facility. Participants will develop walking skills, endurance and cardiovascular fitness while engaging in walks and other fun and recreational activities.

Participant Criteria

- Is receiving centre-based physiotherapy service at ErinoakKids
- Is able to participate in a group setting, follow directions and attend to a task
- Enjoys spending time outdoors, enjoys nature and be willing to try new activities
- Is able to walk for at least five minutes with or without the use of crutches/canes/walker
- Is able to climb up and down four steps with a handrail with or without assistance
- Medically stable for at least six months

 **Riverwood Conservancy**
4190 Riverwood Park Lane,
Mississauga

 Jul 7 - 18 (10 sessions, Mon - Fri)

 9 a.m. - 3 p.m.



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iCan Bike

Ages 8 - 19



This program is offered in partnership with the Town of Milton. The goal of iCan Bike is to teach children with disabilities to ride a conventional two-wheeled bicycle and become lifelong independent riders. Children will use adapted bicycles and receive 75 minutes of specialized instruction from trained volunteers each day.

Participant Criteria

- Can walk independently without assistive devices
- Can side step to both sides
- Can pedal a bike with training wheels independently
- Can keep feet on pedals without straps and put foot back on pedal independently if it falls off
- Can follow basic instructions in a group setting
- Consistently responds to the word “stop”
- Is motivated to learn to ride a bike
- Has a properly fitted bike helmet
- Does not exceed the weight maximum of 220 lbs
- Has minimum inseam (inside leg length) of 20 inches
- Is able to attend all 5 days of the program



John Tonelli Sports Centre

217 Laurier Ave, Milton



Jul 21 - 25 (5 sessions, Mon - Fri)



TBD - See note below



Program Fee: \$150

Note: Caregiver/Parent must attend an orientation on July 20 from 4 - 5 p.m.

Upon acceptance to the program, clients will indicate their top three session preferences.



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Taking Care of Business (TCOB)

Ages 13 - 16

This program enables youth with physical disabilities to develop pre-vocational skills while creating and implementing a business plan. Participants are challenged to create and run a food service business to serve ErinoakKids staff/ visitors. This is an excellent opportunity for youth to explore individual interests and continue their journey towards independence. Participants engage in different jobs such as food preparation, money management and marketing. They will have the opportunity to develop teamwork, communication, organization, money management, shopping and meal preparation skills.

Participant Criteria

- Is receiving centre-based occupational therapy services at ErinoakKids
- Attends this program on the recommendation of their Occupational Therapist
- Is able to participate in a group setting, including group discussions, following directions, attending to a task and problem solving
- Demonstrates basic literacy, math and organizational skills
- Motivated to develop employment skills
- Interested in applying for job opportunities mentioned in the program description
- Medically stable for at least six months
- Participate in a 30-minute virtual (TEAMS) interview.
 - Applicants will be contacted in April to schedule an interview.

- 📍 **ErinoakKids Mississauga**
1230 Central Parkway West,
Mississauga
- 📅 Aug 11 - 22 (10 sessions, Mon - Fri)
- 🕒 9 a.m. - 3 p.m.
- 💰 Program Fee: \$150



[REGISTER HERE](#)



Contact Us



905-855-2690



www.erinoakkids.ca

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