

School Based Rehabilitation Services Occupational Therapy

Who we are:

Occupational Therapists (OT) and Occupational Therapy Assistants (OTAs).

What is SBRS Occupational Therapy?

We are healthcare professionals who may provide consultation, recommendations and resources to help students improve their ability to function and participate in everyday activities at school.

Who can we help?

Students who require additional support to participate in school and access curriculum in areas such as fine motor skills, activities of daily living, self-regulation and accessibility.

What we do in school:

The SBRS OT works closely with caregivers, students and the school team to identify needs, set goals, and provide strategies to maximize student success. Most services take place at the school, however there may be some service options families access virtually or at one of the ErinoakKids sites.

Students are seen based on their needs and goals. You can reach out to your SBRS occupational therapist anytime for help.

An SBRS OT can address the following:

- Fine motor
- Play skills
- Printing skills
- Seated position
- Self-regulation skills
- Focus and attention
- School accessibility



How does SBRS work?

1 Step 1: Speak with your School Team

Speak with your School Team if you think that your child needs support from an Occupational Therapist, Physiotherapist or a Speech-Language Pathologist to participate in school activities.

2 Step 2: School Team makes a referral to ErinoakKids

With your consent, the School Team will send a referral to ErinoakKids for SBRS.

Please note, for Occupational Therapy services, your School Team will consult with the Occupational Therapist to determine if a referral is required or if consultation can be completed to provide generalized strategies for support.

3 Step 3: Phone call from the ErinoakKids' Therapist

The ErinoakKids' clinician will call you before they do an assessment with your child to talk about the process and get your consent.

4 Step 4: Consultation with the School Team/ Classroom Observation

The ErinoakKids' clinician will consult with the School Team and may observe your child in their classroom and/or school environment.

5 Step 5: Assessment

The ErinoakKids' clinician may trial some strategies with your child to assess the best way to meet their needs at school. They will share their recommendations with you and the School Team.

6 Step 6: Intervention

Your child may receive individual or group intervention to meet their needs. The ErinoakKids' clinician will work closely with you and your child's School Team to set goals and create an intervention plan. Most services will take place at the school, however there may be some service options families access virtually or at one of the ErinoakKids sites.

7 Step 7: Completion of Service Plan

When your student has completed their period of service, the ErinoakKids' clinician will discuss recommendations to continue to work towards their goals.

Get Connected!

ErinoakKids Connect is a secure portal for current clients and their families to manage their health care online.

Visit

erinoakkids.ca/erinoakkids-connect

or scan the QR code to learn more about ErinoakKids Connect.



Access our collection of OT Resources:

Visit

erinoakkids.ca/OT-Resources

or scan the QR code to view our Speech Learning Videos.



For more information:

Visit

erinoakkids.ca/SBRS-caregiver-info

or scan the QR code to view our SBRS Information for Caregivers Webpage.

