

# School Based Rehabilitation Services Occupational Therapy

## Who we are:

Occupational Therapists (OT) and Occupational Therapy Assistants (OTAs).

# What is SBRS Occupational Therapy?

We are healthcare professionals who may provide consultation, recommendations and resources to help students improve their ability to function and participate in everyday activities at school.

## Who can we help?

Students who require additional support to participate in school and access curriculum in areas such as fine motor skills, activities of daily living, self-regulation and accessibility.

## What we do in school:

The SBRS OT works closely with caregivers, students and the school team to identify needs, set goals, and provide strategies to maximize student success. Most services take place at the school, however there may be some service options families access virtually or at one of the ErinoakKids sites.

Students are seen based on their needs and goals. You can reach out to your SBRS occupational therapist anytime for help.

#### An SBRS OT can address the following:

- · Fine motor and play skills
- Printing skills
- · Seated position
- Self-regulation skills
- Focus and attention
- School accessibility



# What you can do:

#### **Get Connected!**

**ErinoakKids Connect** is a secure portal for current clients and their families to manage their health care online.

Visit <u>www.erinoakkids.ca/erinoakkids-connect</u> or scan the QR code to learn more about ErinoakKids Connect.



#### Access our collection of OT Resources!

Visit <u>erinoakkids.ca/OT-Resources</u>

or scan the QR code to view our collection of helpful handouts, webinars and links.



