

What to Expect in Oral Motor Feeding Clinic

What is Oral Motor Feeding Clinic?

- Oral Motor Feeding Clinic provides assessment and recommendations to support ErinoakKids clients who have feeding difficulties related to how the muscles of the mouth are functioning during eating and drinking (this may be the strength, movement and/or coordination of these muscles).

Who is in Oral Motor Feeding Clinic?

- Nurse
- Speech-Language Pathologist
- Occupational Therapist
- Your child's primary clinician may also attend to support goals and strategies related to oral motor feeding

What can I expect to occur at the visit?

- The team will review your child's medical history. They may ask questions about:
 - your child's early feeding history
 - medical specialists in the community
 - nutritional status and daily intake
 - current feeding concerns and challenges
- Observation of your child eating and drinking a variety of foods and drinks (independently or fed by the caregiver attending the visit)
- The team may recommend strategies to support safe feeding and drinking

What to Bring to Oral Motor Feeding Clinic?

- Your child's wheelchair or adapted stroller - please bring seating device if you have been advised to use either of these for feeding
- Samples of foods and/or drinks that your child is eating/drinking **well**
- Samples of foods and/or drinks that your child is having **difficulty** eating or drinking
- Any bottles, cups or utensils that your child is using or you would like your child to be able to use
- Videos of your child eating or drinking at home

***NOTE:** ErinoakKids is nut and shell-fish free. Please do not bring food samples containing these products to your child's Oral Motor Feeding appointment.

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Where are these appointment offered?

- The Oral Motor assessment is booked in-person at the ErinoakKids site where your child receives their services

What Happens After the Oral Motor Feeding Clinic Appointment?

- Strategies and recommendations will be provided at the end of the appointment
- Your child's primary clinician will continue to support the family with the feeding strategies
- A report will be written by the team and available to you on their Electronic Health Record through [ErinoakKids Connect](#)
- Your child may be recommended for an Oral Motor Feeding Clinic follow-up appointment
- The Oral Motor team may suggest follow up with your child's medical team or with your consent contact their medical team directly
- With your consent, your child's school based OT may follow up with the school team to support safe feeding at school

How Will I Get My Appointment Time?

- ErinoakKids Schedulers will contact you with a 90-minute appointment for an Oral Motor Feeding assessment – you may receive the appointment by voicemail or letter. You can also contact ErinoakKids Schedulers (905-855-2690, ext. 3) to book the appointment directly with a Scheduler
- Oral Motor Feeding appointments are usually booked 2-3 months from the time your child's primary clinician makes the referral
- If you are unable to attend the Oral Motor Feeding Clinic appointment for any reason, please contact ErinoakKids Schedulers (905-855-2690, ext. 3) as soon as possible

