

# School Based Rehabilitation Services Physiotherapy



## Who we are:

Physiotherapists (PT).

## What is SBRS Physiotherapy?

We are health care professionals who may provide consultation, recommendations and resources to support a student's mobility and/or gross motor skills within the school environment.

## Who can we help?

Students who require additional support to participate in school and access curriculum for accessibility, mobility, and/or gross motor skills. This can include students who use mobility/assistive devices and students who can walk independently.

## What we do in school:

The ErinoakKids SBRS PT works closely with caregivers, students and the school team to identify needs, set goals and provide strategies to maximize student success.

The SBRS PT can assess how a student moves through the school and participates in gross motor activities. They can consult regarding any environmental adaptations, equipment needs or modifications to programming.

Students are seen based on their needs and goals. You can reach out to your SBRS physiotherapist anytime for help.

**SBRS PTs offer three levels of supports:****Tier 1**  
**Good for all****Tier 2**  
**Necessary for some****Tier 3**  
**Essential for a few****TIER 1- GOOD FOR ALL**

*No referral is required for universal support. Consultation offers generalized strategies that may benefit all students.*

**No Name No Face (NNNF) Consultations:**

School staff can have a “no name/no face” (NNNF) consultation with the SBRS PT regarding concerns with a student’s mobility and gross motor skills. This means the student’s personal identifiers are not shared. The physiotherapist can share general strategies, resources, and handouts to support the student and/or classroom’s needs.

A referral to Tier 2 will be recommended if individual assessment is required.

**TIER 2 – NECESSARY FOR SOME**

Once a referral is in place, an SBRS PT can offer student specific brief consultation, recommendations, and resources to support safety and enhance participation in school activities in terms of mobility, equipment, and accessibility.

**TIER 3 – ESSENTIAL FOR A FEW**

SBRS PT Tier 3 service may involve significant supports related to equipment, staff training (i.e. lifts and transfers) and/or accessibility for students who present with physical disabilities and/or medical fragility.

These students often are supported via a team approach with a mix of healthcare practitioners, vendors and school board staff. Referred students who have more complex needs can be transitioned seamlessly between tiers by the SBRS PT at any time.

## How do I submit a referral for my student?

If you think a student requires SBRS Physiotherapy support:

- 1 Talk with the school team and the SBRS Physiotherapist.
- 2 Discuss your concerns with the student's caregiver(s) and share how PT may help. Verbal consent is sufficient to submit a referral.
- 3 Submit an SBRS referral online - available through the ErinoakKids website:  
[www.erinoakkids.ca/referrals](http://www.erinoakkids.ca/referrals).
- 4 Once a student's service is activated, ErinoakKids will confirm consent with the caregiver(s), then work with the school team to plan for an assessment to determine next steps.

ErinoakKids therapists are always available to answer any questions!

## What you can do:

### Get Connected!

Caregivers use ErinoakKids Connect to communicate with their clinician, access their health care record online.

Visit [www.erinoakkids.ca/erinoakkids-connect](http://www.erinoakkids.ca/erinoakkids-connect) or scan the QR code to learn more about ErinoakKids Connect.



### Access our collection of PT Resources!

Visit [erinoakkids.ca/PT-Resources](http://erinoakkids.ca/PT-Resources) or scan the QR code to view our collection of helpful handouts, webinars and links.

